

HEALTHBEAT

THIS EDITION:

- PROJECT SEEKS TO UNDERSTAND PATIENT PRIORITIES IN SCHEDULING OF SURGICAL SERVICES
- NATIONAL SAFE SLEEP DAY
- LIFEKEEPERS FREE SUICIDE PREVENTION TRAINING

Project seeks to understand patient priorities in scheduling of surgical services

South Canterbury DHB is encouraging patients who have recently undergone elective surgical services at Timaru Hospital to give constructive feedback on scheduling.

Robbie Moginie, Director Organisation Capability and Safety, SCDHB said, "We know healthcare systems are more effective when they are designed with patients' needs and expectations at the centre of the process.

Our survey is one way for us to hear what matters to people when they are on a planned surgical journey, and how we can ensure the scheduling of planned care reflects patients' needs."

Anne-Marie McRae, Co-chair of the Consumer Council said, "It's really important for people who have gone through surgery to share their thoughts on what's important when it comes to scheduling. Consumer experience of the process provides a unique perspective and will assist with learnings about how the service can be improved."

The project is part of the Surgical Patient Journey, a High Performance High Engagement initiative which sees workforce, management and unions working together to improve services.

Lisa Blackler, Director Patient, Nursing and Midwifery, SCDHB said, "When we look at our Planned Care outcomes, we see Timaru Hospital as a stand out for quality and safety, not only in New Zealand, but across Australasia.

As a regional District Health Board however we are susceptible to influxes of acute demand which impacts our planned provision. In undertaking this project we want to make sure we are managing this balance as best as possible, with the least impact on the patient."

The Scheduling project is in a discovery phase with the team gathering feedback, analysing data and understanding best practice through literature research. This will lead to a define stage in late November where the wider health service will look to identify core opportunities for service improvement.

Please share your thoughts by completing our survey: www.surveymonkey.com/r/schedulesurgery.



Share your thoughts on

Scheduling Planned Surgical Care

www.surveymonkey.com/r/schedulesurgery

NATIONAL SAFE SLEEP DAY

6 DECEMBER 2019

The aim of National Safe Sleep Day - Te Rā Mokopuna is to raise awareness about Sudden Unexpected Death in Infants (SUDI), with the vision of reducing the rate in which it occurs in our New Zealand families and communities. SUDI is preventable, and the risk factors for our babies can be significantly reduced should the rights steps be implemented.

- Place baby in their own baby bed in the same room as their parent or caregiver.
- Eliminate smoking in pregnancy and protect baby with a smokefree whanau, where and waka.
- Position baby flat on their back to sleep with face clear of bedding.
- Encourage and support breastfeeding and gentle handling of baby.

SAFE SLEEP DAY EVENT

6 DECEMBER FROM 11AM - 1PM

Our SUDI Prevention Coordinator and Smokefree Facilitator will be outside the Ashbury Pharmacy in the Northtown Mall on the 6 December. Call in for a chat and get a free nicotine replacement therapy sample.

LIFEKEEPERS

FREE SUICIDE PREVENTION TRAINING

The LifeKeepers programme aims to equip communities and whānau with the knowledge and skills needed to help prevent suicide.

Through this training you'll:

- learn how to talk responsibly about suicide.
- gain an understanding of the risk factors that contribute to someone being suicidal.
- learn what to look for when someone may be at risk of suicide.
- develop strategies for how to ask about suicide, respond with confidence, and engage different services and supports.

LifeKeepers suicide prevention training is FREE, evidence based, clinically safe, culturally responsive, and available to New Zealand citizens and residents 18 and over*

4 December 2019 from 9AM - 5PM

Register now via the website: www.lifekeepers.nz.

*LifeKeepers is funded by the Ministry of Health to provide suicide prevention training for those New Zealanders who are most likely to interact with people at risk of suicide and who do not already have access to funded suicide prevention training. The programme has not been funded for registered professionals who already have access to suicide prevention training, or for those who belong to organisations which currently provide or fund suicide prevention training for their staff.



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www.scdhb.health.nz