South Canterbury Health Targets on Track

How is the South Canterbury DHB Performing?

The latest health target results (July-September 2016) show that the South Canterbury DHB continues to perform well and remains close to achieving a number of targets.

The health targets are set nationally and drive our performance to ensure people get better access to key health services.

This is the first time that the new raising healthy kids target has been reported, and we are pleased to see the South Canterbury district’s result was in the top three of the country, at 71 per cent.

The target is a key part of the Government’s Childhood Obesity Plan. Obesity is a serious issue threatening the health of young Kiwis, which means some of our kids could end up living shorter lives than their parents.

Under the target, the aim is that by December 2017, 95 per cent of children identified as obese in the B4 School Check are offered a referral to an appropriate health professional for follow-up and family-based nutrition, activity and lifestyle interventions.

Increased Immunisation was achieved, with 95 per cent of eight-month-olds having their primary course of immunisation at six weeks, three months and five months on time.

Shorter stays in Emergency Departments continued to be on target, and good improvements were made in Faster Cancer Treatment.

Waimate Receives CORNERSTONE Quality Award

Waimate Medical Centre Re-Accredited

Waimate Medical Centre Staff are thrilled with this resounding tick of approval. They are one of only 3 accredited practices in South Canterbury.

The Royal New Zealand College of General Practitioners’ warrant of Fitness CORNERSTONE provides a critical way for practices to demonstrate their commitment to high quality patient-centred healthcare and patient safety. Waimate Medical Centre has met more than 200 standards, reviewed by experienced assessors.

Practice Manager Pauline Thomas was pleased with the results. “Thanks to the wonderful team at Waimate Medical Centre who continue to work tirelessly to ensure Waimate Medical Centre delivers consistently top level General Practice and Emergency care.

“We are proud that our hard work and achievement has been recognised with CORNERSTONE Accreditation renewal”, she said.

Waimate Medical Centre wish to thank:


Proudas Punch: Pauline Thomas (Practice Manager) and Dr Sarah Creggan.

Shared Success: Liz Wigley (Practice Nurse), Aileen Miller (Practice Nurse), Andy Huime (Co-Owner), Dr Sarah Creggan, Pauline Thomas (Practice Manager), Kirsten Baker (Receptionist), Alyse Schumacher (Practice Nurse).

Kick the habit!

SC’s New Stop Smoking Service

It’s that time of year again, the one for resolutions and promises. If your resolution is to stop smoking for good, check out Kick Ash South Canterbury, the new stop smoking service. Group based therapy sessions for 2017 begin on Wednesday 18th of January, 6 pm at 18 Woollocumbe Street. Contact the Kick Ash South Canterbury team on Ph 0800 542 527 to start your New Year smokefree.

Further Health Fund Recipients Announced

SCDHB Endowment Fund 2016

For many years individuals and families have chosen to donate to the Timaru Hospital, showing their appreciation of the services and care they received.

The South Canterbury District Health Board decided to use these funds to create a wonderful and significant sized endowment fund that would benefit as many people as possible. The goal of the fund is to improve the health – physical, mental and social – of the communities of Aoraki/ South Canterbury. Governed by a sub-committee of the Aoraki Foundation, the Health Endowment Fund distributes grants to charitable, worthy causes twice a year.

Successful recipients from October 2016 were:

- Accredited Visiting Services
- Aged Concern SC
- Anglican Care SC
- Fale Pasifica
- Muscular Dystrophy SC
- Pinc & Steel
- Presbyterian Support SC
- SC Hospice
- South Canterbury Stroke
- Seniorcare Geraldine
- Totara Valley Social Committee
- Twizel Tekapo Community Vehicle Trust
- Waimate Savage Club
- YMCA

Congratulations to all successful recipients!